Hippotherapy

Treatment with the help of a horse.

Who Benefits?
- Autism
- Cerebral Palsy
- Developmental Delay
- Down Syndrome
- Attention Deficit Disorder
- Fetal Alcohol Syndrome
- Head Injuries
- Hearing and Visual Impairment
- Multiple Sclerosis
- Paralysis
- Poliomyelitis
- Mental Retardation
- Spina Bifida

Please contact us for more information

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www.RockyTopRanch.org

“Treatment with the help of a horse.”
Rocky Top Ranch

What we offer:

- Hippotherapy
- Summer Day Camps
- Group Classes
- Private Lessons
- Therapeutic riding lessons
- TRAIL Blazers
- Equine Assisted Psychotherapy
- Right Trail

General Outcomes of Hippotherapy

- Muscle Tone
- Balance Responses
- Posture Control
- Coordination
- Sensorimotor Function
- Postural Asymmetry
- Gross Motor Skills
- Speech and Language Abilities
- Behavioral and Cognitive Abilities
- Self Esteem

What is Hippotherapy?

- The use of the movement of the horse as a medical tool.
- The horse’s walk provides sensory input through movement.
- All the muscles are constantly moving to maintain balance.
- The resultant movement responses are similar to human movement patterns of the pelvis while walking.